

CURRICULUM SERIES

FOUR WEEKS

# Just Enough



FOUR WEEKS

# Just Enough

## UNDERSTAND IT

---

This four-week teaching series is designed to help students focus on what God has called them to today, and discover that God has already provided everything they need to take their first steps. It is conversational in style and would work well for small or medium-sized groups. While the content can work for both middle school and high school students, it is primarily written with high school students in mind.

## THE CENTRAL TRUTH OF EACH WEEK

---

### WEEK 1: THERE IS JUST ENOUGH OF YOU

There is just enough of you to do God's work. God can provide, promote, and prosper you despite what you've been through.

### WEEK 2: YOU HAVE JUST ENOUGH RESOURCES

God has strategically placed everything you need within your reach.

### WEEK 3: THERE IS JUST ENOUGH LIGHT

Even in the darkest of places, God will provide enough light to keep you from falling.

### WEEK 4: THERE IS JUST ENOUGH TIME

The reward of diligence is accomplishment. God has given you enough time to do what you're called to and will sustain you through the end of it.

### NOTE

William also created a student guide that coordinates with each lesson. Your students can use the guides to follow along with the messages and respond individually or in small groups.

## ABOUT THE AUTHOR

---

William Cumby is the minister of youth for The Fountain of Praise in southwest Houston, Texas. He has served in youth ministry for more than 12 years. He's a proud husband and dad to three children, graduate of the DeVos Urban Leadership Initiative, and a summa cum laude graduate of Oral Roberts University.



# There is Just Enough of You

## UNDERSTAND IT

---

### THIS WEEK'S CENTRAL TRUTH

There is just enough of you to do God's work. We'll talk about how this central truth helps us understand these three main points:

- Our mistakes are bruises—not tattoos.
- God sees where we've been and knows where we're going.
- God can heal us without fixing us.

### KEY VERSES

- 2 Samuel 4:4
- 2 Samuel 9:1-12

### PREP

Before your group meets, gather the supplies listed under the INTRODUCE IT activity. Prepare the three main points in PowerPoint, ProPresenter, or other tool to display them for your group. Print off enough student guides for students to do on their own or in their small groups.

## INTRODUCE IT

---

### ACTIVITY: BROKEN CRAYONS

#### SUPPLIES

- New box of crayons
- Flip chart or two sheets of blank paper

Ask an artistic student to take one of the crayons from the box and draw a detailed picture. Give that student 90 seconds to complete the drawing. When the 90 seconds are up, have the student tell the audience about the drawing. Ask for the crayon from the student, and then break the crayon in half. Ask the student to duplicate the drawing on a different sheet of paper in the same amount of time (90 seconds).

#### SAY SOMETHING LIKE . . .

*The crayon began as a brand-new utensil, and it served the artist well—it created a beautiful picture. Then, in the hands of someone who didn't appreciate it, the crayon was mishandled, abused, and broken. However, when the crayon returned to the hands of the artist, it still worked—it still made beautiful pictures.*

*Here's what this communicates to us: broken crayons still work.*

# STUDY IT

---

## Say Something Like . . .

*All of us experience breaks in life. What are some breaks we might experience?*

- Our hearts can be broken.
- Our feelings can be broken.
- Our trust can be broken.
- Our bodies can be broken.

*Today we'll talk about a young boy who experienced brokenness, but God healed and restored him in a unique way.*

## READ

2 Samuel 4:4

## SAY SOMETHING LIKE . . .

**Point 1: Our mistakes are bruises—not tattoos.**

*The crayon in our activity had done nothing to deserve being broken. We, too, experience unwarranted and unwelcome brokenness.*

*Have you ever noticed what happens when a sports team changes the head coach? Typically, there's a change in most of the support staff as well. The same was true for rulers when Mephibosheth was alive. When the king was killed, his family was also killed to prevent the continuation of his legacy. Mephibosheth was the son of Jonathan and the grandson of King Saul, a man who had a volatile relationship with David, the giant slayer. Jonathan was a true friend of David. Remember when Jonathan helped David escape from King Saul (1 Samuel 20)?*

## ASK

*In what ways was Mephibosheth broken? Was it his fault?*

## SAY SOMETHING LIKE . . .

- *His heart was broken when his dad and grandfather were killed.*
- *His feet were broken when he fell.*
- *It was not his fault.*

*God is good—even when bad things happen to us. God can make all things work for our good (Romans 8:28). The mishaps you've experienced have created scars as evidence you've been through something. But the fact you're still living proves you have survived 100 percent of your worst days.*

## READ

2 Samuel 9:1-12

## SAY SOMETHING LIKE . . .

**Point 2: God sees where we've been and knows where we're going.**

*For the next few seconds, think about the top five things you love. Maybe it's your friends, your family, food, sports, clothes, etc. Everyone has that list in your mind?*

*Typically, when we think about those top five things, we don't include ourselves. Although it's good to love others, it's equally as important to love ourselves.*

What do you use to measure your value? When the crayon was in the artist's hands, it had value and did great things. When the crayon was in my hands, I didn't value it, so I broke it. If the crayon had feelings, it would probably want to hide and not be placed back in the box with the other good-looking crayons. When we experience something that breaks us, our temptation can be to hide.

## ASK

- Why do we hide when we feel broken?
- Can you receive help if you're hiding from the Artist—your Creator?

## READ

2 Samuel 9:8

## SAY SOMETHING LIKE . . .

*The Bible says that Mephibosheth retreated to Lo-debar, the name of which means "no pasture or no promise." When Mephibosheth was in front of the person who could promise and provide a better life, he could not see beyond his broken past. Understand that God sees your broken past and has a whole different future planned for you.*

## READ

2 Samuel 9:13

## SAY SOMETHING LIKE . . .

**Point 3: God can heal us without fixing us.**

*People often believe God has to physically fix them in order for them to be healed. Understand that the ways God chooses to heal us is up to God, but how we choose to handle that healing is up to us. The heart of Mephibosheth changed, the life of Mephibosheth changed, and the environment of Mephibosheth changed. But the brokenness of his body remained the same. If God can heal Mephibosheth's life, Jacob's mindset, and Paul's heart, what can God do for you?*

*Allow people to focus on the position God has given you instead of your past problems. When Mephibosheth sat at King David's table, people could only see his upper body and not his broken feet.*

## CONNECT IT

---

Break your students up into small groups.

## ASK

- What are some broken areas in your life you need to take to God?
- Can God still use you if you feel broken?

## SAY SOMETHING LIKE . . .

- Share a way you can focus on God's promises over your problems.
- Share a victory story in which God used you when you felt useless.

## LIVE IT

---

### SAY SOMETHING LIKE...

*When you feel broken and insufficient this week, remember that God can do beautiful work with broken pieces. There's a reason God is called the Potter.*

### PRAY

*God, help us to recognize that broken doesn't mean useless. We understand that we do not cause every break we experience, and we can use every experience to bring glory to you. God, you make everything work together for our good. We trust you and thank you in all things. In Jesus' name we pray. Amen.*

## STUDENT GUIDE—JUST ENOUGH, PART ONE: THERE IS JUST ENOUGH OF YOU

### Activity: Broken Crayons

---

Fill in the blanks: \_\_\_\_\_ crayons still \_\_\_\_\_!

What are some of the breaks we experience? Write your thoughts below:

#### **POINT 1: OUR MISTAKES ARE BRUISES—NOT TATTOOS.**

In what ways was Mephibosheth broken? Was it his fault? Write your thoughts below:

#### **POINT 2: GOD SEES WHERE WE'VE BEEN AND KNOWS WHERE WE'RE GOING.**

What are the top five things you love? Write your thoughts below:

Why do we hide when we feel broken? Can you receive help if you're hiding from the Artist—your Creator?  
Write your thoughts below:

**God sees your broken past and has a whole different future planned for you.**

#### **POINT 3: GOD CAN HEAL US WITHOUT FIXING US.**

When you feel broken and insufficient, remember that God knows how to work with broken pieces. There's a reason God is called the Potter.